

Units	Topics	Sessions
ਮਨ ਤੂੰ ਜੋਤਿ ਸਰੂਪੁ ਹੈ ਆਪਣਾ ਮੂਲੁ ਪਛਾਣੁ ॥ man too(n) jot saroop hai aapanaa mool pachhaan 		
Unit 1	Topics to cover in NIRLEP UNIT -1 (Who am i)	20
	Introduction of Teachers and Students, Orientation	
	Introduction of Mukh Varag and Kuk-kaa Varag	
	Numbers (Ginti) - 0 to 5	
	Concepts- Myself and My family	
	Stories - Rabbi Gunn and Hygiene	
	Poems- Discipline and Truth	
	General Topics - Colours, Body Parts, and Community Helpers	
	Appreciation and Certification	
ਆਪੇ ਬੀਜਿ ਆਪੇ ਹੀ ਖਾਹੁ ॥ aape beej aape hee khaahu 		
Unit 2	Topics to cover in NIRLEP UNIT -2 (Plants)	20
	Revision of unit -1 and Orientation	
	Introduction to Ch'ch-chaa Varag and Ta'inkaa Varag	
	Numbers (Ginti) 6 to 10	
	Concepts- Parts of Plants and Healthy /Unhealthy Food and Thoughts	
	Stories - Caring, Sharing, and Responsibility	
	Poems - Sabar and Dharam	
	General Topics - Vegetables, Fruits, Flowers, Shapes, and Colours	
	Appreciation and Certification	
ਕਰਤੂਤਿ ਪਸੂ ਕੀ ਮਾਨਸ ਜਾਤਿ ॥ karatoot pasoo kee maanas jaat 		
Unit 3	Topics to cover in NIRLEP UNIT -3 (Animals and Birds)	20
	Revision of unit -1 and 2, Curriculum	
	Introduction to Tuh't-taa and Pup-paa Varag	
	Numbers (Ginti) 11 to 15	
	Concepts - Animals and Birds	
	Stories - Kindness and Unconditional Love	
	Poems - Sai Bangh and Bharosa	
	General Topics - Colours and Shapes	
Appreciation and Certification		
ਹੁਕਮੈ ਅੰਦਰਿ ਸਭੁ ਕੇ ਬਾਹਰਿ ਹੁਕਮ ਨ ਕੋਇ ॥ hukamai a(n)dhar sabh ko baahar hukam na koi 		

Unit 4	Topics to cover in NIRLEP UNIT - 4 (Modes of Transport)	20
	Revision of unit 1, 2, 3, and Orientation	
	Introduction to Antim Varag and Naveen Varag	
	Numbers (Ginti) 16 to 20	
	Concept - Different Modes of Transport and Traffic Rules	
	Stories - Cleanliness and Honesty	
	Poems - Time and Gyaan Dee Vartau	
	General Topics - Colours and Shapes	
	Appreciation and Certification	